

The most important things in the world...

1.	What would you do if the world was going to end 1 week from today?
1.	It is your 30 th birthday. Your life is wonderful. Reflecting back on your 30 years, what are the 3 most important lessons you've learned and why are they so
	critical?
2.	Think of someone you deeply respect. Describe 3 qualities in this person you
	most admire.



3.	Who are you at your best?
4.	What are you capable of?
5.	List 10 things you really appreciate but that you take for granted
	a.
	b.
	C.
	d.
	e.
	f



	g.
	h.
	i.
	j.
6.	It is your last day at school. Your teachers have written comments about you in a book. What would you like the comments to say?
7.	What are the most important things to have emerged from answering these questions?